



## Constance "Connie" Carrol

November 17, 1954 - January 18, 2024

Constance "Connie" Carrol passed away peacefully at home on January 18, 2024 surrounded by family after a sudden decline in her health. Connie was born on November 17, 1954 in Arlington, Virginia.

She is survived by her loving partner of 27 years, Armando Arroyo, her sister, Terry Brown, (Frank), brother, Arthur "Tykie" Carrol , and sister, Chrissy Warner (Chuck), one nephew, five nieces, four great nieces, and four great nephews. Her smile and infectious laughter will be greatly missed.

Connie was predeceased by her father Arthur Carrol, her mother Sarah Carrol, her sister Helen Carrol, and her nephew, Michael Warner.

Connie had a very happy childhood and was proud of her many accomplishments through those early years and through her high school graduation. Her past employment included working in administration for the World Wildlife Fund, the University of Florida, and for large construction firms in the Miami and Washington DC areas. She was intelligent, artistic, and had an abundance of joie de vivre. She loved art, travel, cooking, hiking, astrology, music, dancing, languages, and she played the piano.

Connie loved nature and she loved adventure. She was a world traveler and even backpacked through Greece by herself. She was extremely proud of her

Greek heritage and studied the language. She and Armando lived in Peru for four years and lived in Spain, France, and Greece. She traveled to Jordan and Italy, and also many places in the states. She had a deep love for the mountains and her last years were spent near family and her roots in the Blue Ridge Mountains in the heart of the Shenandoah Valley.

Connie deeply loved and was so proud of her family, nieces, nephews and cousins. She had a circle of friends from all over the world that she cherished.

A memorial service will be held in the Spring. Memorial donations may be made in Connie's name to Blue Ridge Hospice, 333 Cork St., Unit 405, Winchester, VA 22601.

# Tribute Wall

CL

“*Connie, We first met as small girls at your grandma Helen's house in Salem Mass. Little did we know then that in the years to come ahead (30 years later) we will meet again and become so close .Your pride for your Greek heritage and your many visits to Greece along with Armando made it possible! I need to write a book to record the memories of our times together along with Andrew, Michelle , Nick and Helen. You loved everyone here, even Nick's dog Maylo! What can I say? Every time you called you would ask about everyone. We will never forget you and you will always be in our hearts .MAY YOUR MEMORY BE ETERNAL DEAR CONNIE Our deepest sympathy to the family for the loss of such an incredible human being. With Love ,Cathy Lembesis And Family*

CATHY LEMBESIS - February 04, 2024 at 12:00 AM

MK

“*I will remember visits with sweet Connie at Cathy and Paul Phillips home. We connected at family celebrations and lastly in Arlington as we said goodbye to Tyke Sr. I will always remember walking through the fields of mother Sarah's cabin in the mountains. I'm so sorry for your loss. Love, Marla Kay*

Marla Knappe - February 01, 2024 at 12:00 AM

PF

“*So sorry for your loss, you will be in our thoughts and prayers!*

pam foltz - January 29, 2024 at 12:00 AM

ET

“*What a sweet lady. She will be missed. Prayers for all of the family.*

Eddie Sherman, Hepner Tire - January 26, 2024 at 12:00 AM