



Mary Louise ""Sis"" Workman

May 3, 1936 - April 2, 2020

Mary Louise ""Sis"" Bowers Workman, beloved wife, mother, ""Mamaw"", Aunt Sis and friend May 3, 1936 to April 2, 2020. Mary was born and raised a Proud West Virginian in Marlinton, West Virginia to Mary Kennison Workman and William Raymond Bowers. Growing up with her beloved siblings Donald Workman and Polly Eades. All have preceded her in death. After moving to Washington, DC to work she became re-acquainted with a man from her hometown, Robert ""Bob"" Jennings Workman, who later became the love of her life and they married on May 29, 1959. They enjoyed a loving marriage of 52 years until his death in November 2011. They were blessed with two sons, Robert (Tommi) and Donald (Stephanie), three grandchildren William (Jamie) Workman, Robin (Robert) Sherwood, and Bethany Workman. She also had one great grandchild, Annabelle Sherwood, whom she adored. Mary had a very special relationship with her niece Pamela (John) Hanososky, her great niece and nephew and great, great nieces and nephews. After Bob's retirement from government service Mary left her job at the City of Falls Church to move to Mt. Jackson where she worked 15 years at Wetsel Seed Company. Upon retirement they moved to Woodstock, Virginia where Mary found great pleasure working for Valley Health as a volunteer at the Shenandoah Community County free clinic. She had a feisty personality and many friends both in the Valley and from West Virginia and her days in the Falls Church School System. There she found her extra sons, Terry O'Dowd and Jimmy Robinson. Due to the current pandemic situation the family will

have a private graveside service. There will be a celebration of life at a later date. Thank you to friends and family for understanding. In lieu of flowers please send a donation to the Shenandoah Community County Free Clinic or the charity of your choice. Events Details are pending.

Tribute Wall

PM

“ We will miss Mary so much! We gave our volunteers time off when the pandemic started but she had been a faithful volunteer for years. She was her usual self when we last saw her a few weeks ago and it was a total shock to hear she had passed. She loved talking about all of her family -- her parents, her children, all of them -- and about her growing up years in West Virginia. I know she is looking down on everyone now and glowing with pride still. She will be missed here for sure.

Pam Murphy - April 08, 2020 at 12:00 AM

JT

“ I knew Mary Workman when she worked for Falls Church City govt. In Probation. Mary was more like a sister than a friend to me & she was always there to help with a smile or listening ear.

Joan Tortorelli - April 03, 2020 at 12:00 AM