



Simon Joseph Freyou Jr.

September 5, 1965 - October 18, 2022

The staff at Heishman Funeral Home Inc. sends condolences to the family of Simon Joseph Freyou Jr.

Simon Joseph Freyou, Jr., 57, of Baltimore, Maryland, passed away on Tuesday, October 18, 2022, at the University of Maryland Medical Center in Baltimore, following a courageous two-year battle with multiple myeloma. A private graveside service will be held for family members and friends on October 25, 2022.

Dr. Freyou was born September 05, 1965, in New Orleans, Louisiana. He is survived by his husband and partner, Dwight Polk, of 38 years. He is also survived by his parents Simon and Linda Freyou, a brother Patrick Freyou, and three sisters, Karen Marie Bonin, Jennifer Lynn Schopp, and Elizabeth Anne Freyou, all of Louisiana. He has numerous nieces, nephews, and cousins and his best friend, Tin "Wayne" Nguyen. Dr. Freyou was preceded in death by his paternal grandparents, Robert and Edwinia Freyou, and maternal grandparents, Frank and Lois Domingue.

Dr. Freyou was a lifelong learner. He graduated from Catholic High School in New Iberia, LA, where he was named one of the outstanding students in Iberia Parish. He also graduated from the University of Southwestern Louisiana School of Nursing, the Johns Hopkins University School of Nursing,

the University of Maryland School of Nursing, and Wilkes University Passan School of Nursing, resulting in multiple advanced degrees.

Over his career, Dr. Freyou worked at several major medical institutions in the Baltimore area, including the Johns Hopkins Hospital, Greater Baltimore Medical Center, Holy Cross Health, MedStar Union Memorial Hospital, as well as the Erickson Corporation and University of Maryland Baltimore County Health Services. At the time of his passing, Dr. Freyou worked in private practice as a Psychiatric Mental Health Nurse Practitioner in Baltimore, Maryland, where he worked with a variety of patients, including fire, police, EMS, and military personal.

Dr. Freyou was involved in Scouting and was a Lt. in the Louisiana National Guard. He was also an avid gardener who was known to have an encyclopedic knowledge of plants. He was especially proud of his bamboo, palm trees, banana plants, and many Maryland Native plants, as well as his beautiful gardens. He was also a world traveler with his husband, Dwight, having adventured to 48 countries, including Kenya, Vietnam, Cambodia, and the Galapagos Islands.

Dr. Freyou was known for his kindness, gentle nature, and support of diversity. He was truly loved by everyone including family, friends, professional colleagues, and patients. The world is a darker place without him.

In lieu of flowers, gift donations can be made to the Simon J. Freyou Oncology Education Fund at Ascension Saint Agnes Hospital. This fund was created in honor of Simon's unwavering support of oncology nurses and his desire to ensure these individuals have the opportunity to become their very best selves. This fund will provide support for various continuing education programs.

Contribution can be made via check made to Ascension Saint Agnes Foundation. Please include the Simon J. Freyou Fund in the memo line. You may also donate online at <https://givesaintagnes.org/donate/> and under Designation, select the Simon J. Freyou Oncology Education Fund

Please mail the checks to:
Ascension Saint Agnes Foundation
900 S. Caton Ave
Baltimore, MD 21229

Arrangements by Heishman Funeral Home Inc., Valley Funeral Service Branch, Edinburg.

Tribute Wall



“ I was one of Simon’s patients. He was amazing. He was kind, empathetic. He helped me during a majorly rough period. I paid out of pocket until I couldn’t afford it anymore when my insurance changed. He was a gift and a blessing and one of a kind, and all of that was clear in my limited interactions with him. I am so saddened to see he’s gone. Will think of him for the rest of my life.

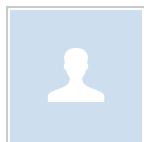


Taylor M - December 13, 2023 at 04:30 PM



“ Simon Joseph Freyou Jr.

January 30, 2023 at 03:03 AM



“ Simon Joseph Freyou Jr.

January 30, 2023 at 12:44 AM



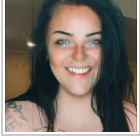
“ I met Simon during my years at Charlestown and Erickson Senior Living. He was without question one of the most caring, thoughtful, professional, and supportive healthcare heroes I have ever encountered in my career. Simon's bedside manner was second to none, always finding a way to make you feel comfortable and less anxious. I feel beyond blessed to have had our lives cross paths when they did. I miss and love you Simon - God bless you!

Mark McElwee - December 03, 2022 at 08:31 PM

PH

“ Thank you for your kindness, Simon, for the genuine care you showed in different seasons as a friend and as a practitioner.

Phillip Hans - December 02, 2022 at 05:32 PM



“ Simon was an amazing person. I will truly miss him so much. Simon helped me more than anyone ever had. He was so kind and caring and smart and absolutely just the best. He saved my life. Any good I do is partly because of you, Simon. Rest peacefully now.

Shelby Sporre - November 08, 2022 at 02:25 PM

CR

“ I am so deeply saddened to learn of Simon's passing. He was a gentle, loving soul and his spirit will continue on. We were co-workers at UMBC and office mates for much of that time. We shared a southern heritage and sense of humor that others often called a "southern thing". And who can forget having to perform Manic Monday on WJZ at 6am. We were mortified in a humorous way. He and Dwight were loving and giving to my children when they were small and we will never forget their kindness. My most sincere condolences to Dwight and to the Freyou family.

Cassandra/Sandy Riggs - October 31, 2022 at 01:30 PM



“ I was so sorry to hear of Simon's passing. I worked with him at Charlestown and he truly was a kind and gentle person. My prayers and condolences to Dwight and the rest of the family.

Lisa Vaughan - October 26, 2022 at 07:55 AM

CC

“ Simon was a beautiful soul. His kind heart was felt by all those that he encountered. His warm smile and gentle demeanor touched so many. May his memory always live on!

Cheryl Caplan-Zalis

Cheryl Caplan-Zalis - October 25, 2022 at 09:00 PM

JA

“ Simon was my boss and an exceptional mentor to me, while we worked together in EHS. I will forever cherish the friendship and the moments we shared while working together. His passing weighs heavy on my Heart. My deepest Sympathy to Dwight and Simon's Family.

Janet - October 24, 2022 at 02:13 PM



“ Your Heart Water Globe was purchased for the family of Simon Joseph Freyou Jr..



October 24, 2022 at 02:10 PM

CF

“ christine fay lit a candle in memory of Simon Freyou



christine fay - October 24, 2022 at 02:02 PM

CF

“ Dr. Freyou was the best oncology nurse I've ever met. He mentored me and inspired me to pursue graduate school. His amazing knowledge, skill, kindness, and humor will be greatly missed. My deepest sympathies to Dwight and the rest of his family.

Chris Friese
Ann Arbor, MI

Chris Friese - October 24, 2022 at 09:36 AM

MR

“ Simon and I were dear friends in nursing school @ USL. It is sad to think his joy for life and true desire to help others has been silenced. His passing weighs heavy on my heart. My deepest sympathy to Dwight and Simon's family.

Melanie L Roy - October 23, 2022 at 12:46 PM

LE

“ I met Simon when he was first diagnosed with MM. When became good friends and learned we had a lot in common. I will truly miss Simon and our talks. My heart breaks for Dwight and his family.



Laura English - October 22, 2022 at 04:26 PM

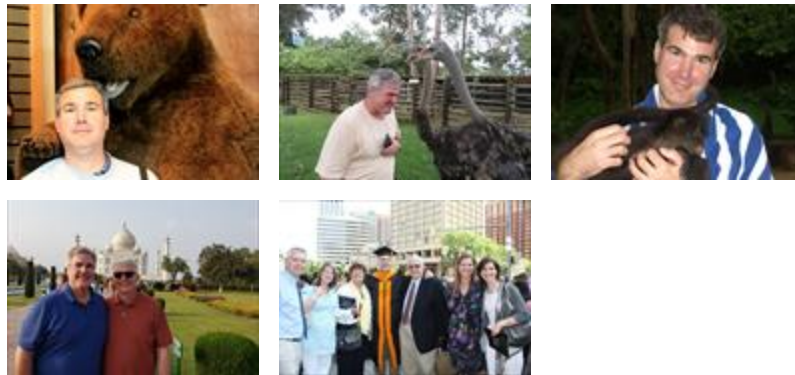
MK

“ Simon was one of the most precious things that ever happen to me in my life. I was his big sister he was my Baby boy! He was GOOD, KIND, LOVING, CARING, PROFESSIONAL AND I COULD GO ON AND ON. THANK YOU LORD FOR GIVING SIMON TO D'WIGHT, AND D'WIGHT TO SIMON. DURING HIS STRUGGLE HE WAS NEVER ALONE. I WILL NEVER EVER FORGET YOU BABY BOY! UNTIL WE MEET AGAIN, 🌈❤️💧❤️

MARSHA E. KNOX - October 21, 2022 at 07:45 PM

DP

“ 5 files added to the album Simon Freyou



Dwight Polk - October 21, 2022 at 09:25 AM

KB

My condolences to you, Dwight and Simon's family. He made a last g impression on the life of everyone he touched. I will always remember him fondly from his days at UHS at UMBC. Kathy Barnett

Kathy Barnett - October 23, 2022 at 03:44 PM

JC

“ *Jennie Cooper lit a candle in memory of Simon Freyou*



Jennie Cooper - October 20, 2022 at 11:06 PM

JC

“ *Simon worked in our Employee Health Department. He always had a smile on his face and was a joy to work with. I was very sorry to hear of his passing. My sincere condolences to Dwight and his family. I can't imagine this world without him in it. ❤️*

Jennie Cooper - October 20, 2022 at 11:05 PM