



## Teresa Fay Poff Tamkin

November 16, 1959 - July 6, 2025

The staff of Heishman Funeral Home/Valley Funeral Service sends condolences to the family of Mrs. Teresa Fay Poff Tamkin.

Teresa Fay Poff Tamkin, 65, of Fort Valley, passed away Sunday, July 6, 2025, at her home. The funeral will be held Thursday, July 10, at 11:00 a.m. at Wakeman's Grove Church of the Brethren in Edinburg. Pastor Duke McCaffrey will officiate. Burial will follow in Emerson Walters Cemetery in Fort Valley.

Mrs. Tamkin was born November 16, 1959, in Radford, VA, daughter of Ruby Young Poff Gochenour and the late Vernon Poff Sr. She was a 1978 graduate of Central High School and worked at the Fort Valley Post Office for over 20 years. She was a member of Wakeman's Grove Church of the Brethren, as well as a Ladies Auxiliary member, and a member of the Fort Valley Volunteer Fire Department that served numerous ham and oyster suppers and bingos. She has fought ALS since 2017.

Teresa was a wonderful wife, a devoted mother, and a proud Mimi to her sweet Addy. Her warmth and love were the foundation of her family. Whether she was cooking up a homemade meal, carefully preserving the garden's bounty from Kent's many gardens, or simply sharing quiet moments with those she loved, Teresa poured her heart into everything she did.

She was the best caretaker to Lisa, tending to her needs with patience, compassion, and unshakable dedication. Teresa's soul was gentle and kind – a light to all who knew her – and that light will be deeply missed in the days ahead.

But behind her sweet nature was a quiet strength. Teresa was a strong, determined woman who met her battle with ALS with courage and grace. Though many never saw the depth of her fight, she faced each day with a brave heart, never letting the disease define her spirit.

She leaves behind a legacy of love, resilience, and care that will live on in the hearts of all who knew her. Teresa's presence in this world was a gift, and her memory will forever be cherished.

Surviving, along with her mother, are her husband, Kent Tamkin; two daughters, Sara George and husband, Dustin, and Lisa Tamkin; granddaughter, Adalyn George; brothers, Vernon Poff Jr. and wife LeAnn and Robert Poff and wife Karen; Kent's siblings, Edwin Tamkin and wife Nancy, Nancy Fitchett and husband Bill, Nova Saffell and husband Ricky and Troy Tamkin and wife JoAnn; and numerous nieces and nephews.

Pallbearers will be Warren Poff, Jake Bowers, Greg Melton, Christopher Tamkin, Brandon Poff and Adam Selby.

In lieu of flowers, contributions may be made to Fort Valley Volunteer Fire Department, 7088 Fort Valley Road, Fort Valley, VA 22652.

Online condolences may be left at [www.valleyfs.com](http://www.valleyfs.com)

Arrangements by Heishman Funeral Home Inc., Valley Funeral Service

Branch, Edinburg.

# Cemetery Details

**Charles Emerson Walters Cemetery**

## Previous Events

### Funeral Service

JUL 10. 11:00 AM - 12:00 PM (ET)

Wakemans Grove Church of the Brethren  
668 Wakemans Grove Road  
Edinburg , VA 22824

### Burial

JUL 10. 12:00 PM (ET)

Charles Emerson Walters Cemetery

# Tribute Wall

KW

“ Teresa was the nicest soul I've met. She was and continues to be an example to me. I wish I was more like her. God I miss her. She was a great person and I'm fortunate to have known her.

KW - October 25, 2025 at 10:45 PM

SV

“ Nancy and family, I'm so sorry to hear about the loss of your sister. I'm praying for all of you. You're in my thoughts and prayers.



Sheri Vann - July 10, 2025 at 11:37 AM

KS

“ She was one of the first persons my wife and I met when coming to Fort Valley. She was always a friendly helpful presence at the old post office and an example of grace and courage as we witnessed her battle the slow progression of the terrible disease she battled. A positive example of a life well lived for her family and all who knew her.

*Kyle Schilling*

Kyle Schilling - July 10, 2025 at 10:02 AM



“ Sweet Tranquility Basket was purchased for the family of Teresa Fay Poff Tamkin.



July 09, 2025 at 05:19 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Teresa Fay Poff Tamkin.

July 09, 2025 at 05:19 PM



“ Kent, Sara, Lisa and family of Teresa Tamkin. So sorry to hear about Teresa's passing. She was such a blessing to all who knew her from her bright smile, willingness to help in any way she could, her loving and patience when caring for her family. May you take great comfort in your memories of her. You'll be in my thoughts and prayers. God bless you. Teresa fly high sweet heart.

Linda Weaver McClanahan - July 09, 2025 at 04:05 PM



“ God be with you Kent and family through this difficult time. Teresa was a wonderful woman that possessed great courage through her battle. She will be missed but rest in the comfort that she is with God and has no pain.

Charlie Plauger - July 09, 2025 at 11:06 AM



“ Teresa was a sweet soul ...a beautiful family!  
She has received her healing! Bless you Kent and family...she will be waiting for you!

Susan Larson

sysan larson - July 09, 2025 at 06:59 AM

EN

“ My thoughts and prayers are with you. I hope your wonderful memories of Teresa will comfort you even as you are missing her.

Emily Nester - July 09, 2025 at 12:00 AM

AP

“ So sad to hear of Teresa's passing, what a kind heart, gentle spirit & sweet lady with a great smile & laugh. Our deepest sympathy goes out to her entire family, keeping you all in our thoughts & prayers,  
April & Phil Baker



April - July 08, 2025 at 07:09 PM

EN

“ I'm so sorry for your loss. Teresa was always so sweet and she loved her family so much. You are all in my thoughts and prayers.

Emily Nester - July 08, 2025 at 05:12 PM

CS

“ Carolyn, Mona, Lea, and Sonny planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Teresa Fay Poff Tamkin.

Carolyn, Mona, Lea, and Sonny - July 08, 2025 at 04:05 PM

CS

“ Carolyn, Mona, Lea, and Sonny purchased the Sentiments of Serenity Spray for the family of Teresa Fay Poff Tamkin.



Carolyn, Mona, Lea, and Sonny - July 08, 2025 at 04:05 PM

MS

“ A kind, gentle soul with a fierce strength. We are grateful to live in a community where Teresa was such a giving partner. We will miss her sweet smile. Our little part of the world was blessed to have had her in it. Steve, Marsha, Bo and Larry Snyder

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**Marsha Snyder** - July 08, 2025 at 02:26 PM

DA

“ Thoughts and prayers going out to all the family of Teresa. She was such a nice lady.



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**Dana Allison** - July 08, 2025 at 01:41 PM

IN

“ Our sincere condolences go out to our nephew, Kent, to Sara and her family, Lisa, and Teresa's family. Teresa was so strong and courageous, and we will miss her. Our prayers are with you in the coming days. Sorry we cannot attend her memorial service, but our thoughts will be with you. Iris & Bruce Nelson and family.

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**Iris Nelson** - July 08, 2025 at 01:36 PM